

PSA School Counseling Newsletter

Principal: Mr. Driscoll

November

School Counselor: Mrs. Uram



Career Corner

People who study why some are happy with their work and others are not, tell us that the most important thing to know is what you like to do, that is, your interests. In other words, if people can perform tasks that they like to do when on the job, they are much more likely to be happy with their work and to do well at it. By the middle school years, a child's interests are in the process of being formed. The older the child is the more settled these interests become. Here are some ways you can help your child realize what his or her strongest interests are:

- Expose your child to a wide variety of activities - activities in which he or she can work with people in some way, can work with numbers and information, can work with tools and equipment, and can work with thoughts and ideas. Those who analyze the things that people do at work tell us that work activities are made up of these four: working with people face to face; working with numbers, facts, and records; working with tools, machines, and equipment; and working with the mind and imagination.
- When your child discovers an interest in some kind of activity and does well at it, give him or her some kind of reward. This may be as simple as a good word, a high five, or some tangible present. Help your child understand what that interest is.
- Help your child think about how an interest or skill that he or she has can be used in a job.
- As you help your child with homework, point out how some of the things he or she is learning in school can be applied to work. This linkage is especially important for subjects in which your child achieves good grades.

Contents

Career Information	1
Career Clusters	1
Monthly Habit of the Mind	2
Listening Quiz	2
Listening Skill	2
Tips for Parents	2
Career Cluster Spotlight	3
Career Education	3
Hospitality and Tourism Jobs	3

Career & Guidance

Education

Learning to Live

Learning to Learn

Learning to Work

Phone: 843-300-4118

E-mail:

meghan.uram@palmetto

scholarsacademy.org

EEDA's 16 Career Clusters

- Agriculture, Food and Natural Resources
- Architecture and Construction
- Arts, Audio/Video Technology, and Communications
- Business, Management, and Administration
- Education and Training
- Finance
- Government
- Health Science
- Hospitality and Tourism
- Information Technology
- Law, Public Safety, and Security
- Manufacturing
- Marketing, Sales, and Service
- Science, Technology, Engineering, and Mathematics
- Transportation, Distribution, and Logistics

Monthly Habit of the Mind: Listening To Others



Listen Up!

Listening is the beginning of understanding.....

Wisdom is the reward for a lifetime of listening.

Proverbs 1:5

LISTENING is the act of making an effort to hear something. Highly effective people spend an inordinate amount of time and energy listening. Some psychologists believe that the ability to listen to another person, to empathize with, and to understand their point of view is one of the highest forms of intelligent behavior.

Are You a Good Listener - Yes or No?

If you answer "yes" to any of these questions, you may not be as good of a listener as you think!

- _____ 1. I anticipate what people will say next as they are speaking.
- _____ 2. I rarely pay attention to people's nonverbal cues (such as body language).
- _____ 3. I prepare what I'm going to say in response while the other person is talking.
- _____ 4. I often interrupt people to speed along a conversation or to inject my opinion.
- _____ 5. Most of the time, I am ready with a response when the other person stops talking.
- _____ 6. If the other person is long winded or boring, I stop listening.
- _____ 7. When I know what people are going to say, I don't wait for them to finish, but answer right away.

Listening Skills

- Stop what you are doing.
- Look at the person talking
- Give your full attention.
- Listen to what is said.
- Comment on what you think you heard.
- Pay attention to non-verbal cues.
- Remember the conversation.

Listening Skills for Parents

An important skill for parents to master is "active listening." When parents listen actively, they send children the message that they are important enough to have the parent's undivided attention. Many problems can be solved and even prevented when parents take the time to use active listening. Importantly, when a parent is an active listener, she is able to guide children to solve problems for themselves.

Career Cluster Spotlight: Hospitality and Tourism

Hospitality and Tourism encompasses the management, marketing and operations of restaurants and other food services, lodging, attractions, recreation events and travel related services. Do you like travel? Do you enjoy interacting with exciting new people on a daily basis? Do you want to work in a thriving service industry that offers ample career advancement opportunity? If so, then a career in hospitality is probably right down your alley.

Within the hospitality industry, there are various career paths to choose from. Hospitality careers may include the following: hotel general managers, resident managers, executive housekeepers, front office managers, convention and event planners, casino managers, and restaurant managers.

Preparing for a Career in Hospitality

While hospitality and tourism has traditionally been an industry that emphasized hands-on experience, the competitive nature of the business now requires a combination of experience and higher education to build a successful management career. To meet the needs of the industry, hospitality and tourism programs offered by colleges and universities have grown rapidly in the United States. Today programs are offered by a variety of vocational schools, community colleges and both public and private universities. Options range from short-term skills-oriented certificates to post-graduate degree programs.

With so many choices available, how do you choose the right school and program for you? Hospitality and tourism management programs offered in the U.S. vary. If you seek a bachelor's degree or higher, a community college or university will provide a well-rounded education with a specific industry focus designed to prepare students for management-level careers. Vocational schools generally offer a more hands-on training to prepare students for specific entry-level positions.



Sample Hospitality and Tourism Jobs

- Cooks, Restaurant
- First-Line Supervisors of Food Workers
- Cooks, Institution and Cafeteria
- Food Service Managers
- First-Line Supervisors of Housekeeping and Janitorial
- Recreation Workers
- Coaches and Scouts
- Chefs and Head Cooks
- First-Line Supervisors of Personal Service Workers
- Lodging Managers
- Reservation/Transportation Ticket Agents, Travel Clerks
- Baggage Porters and Bellhops

Research Career Websites:

www.scois.net
www.carcom.com
www.wageweb.com
www.bls.gov/oco
www.itaa.org
online.onecenter.org